

Annual Report 2023–2024



MISSION

TO PROMOTE SOCIAL WELLNESS FOR OUR COMMUNITY

ABOUT

Established in 1978, Sources Community Resources Society (SOURCES) is an internationally accredited not-for-profit social services agency. Our programs serve individuals across various age groups experiencing poverty, mental health challenges, disability, conflict, isolation and addiction. We have over 20 locations in BC, including White Rock, Surrey, Delta, Langley, Prince George and Parksville. Some of our programs are government funded while others are funded by the generosity of community donors. Sources Foundation is the fundraising arm of SOURCES.

Our 350+ staff members are the backbone of our organization, touching the lives of thousands of individuals each year.

Territorial Acknowledgement

SOURCES acknowledges that our work takes place on the unceded traditional and ancestral territories of Indigenous people. Our offices are specifically located on the lands of the Semiahmoo, Kwantlen, Katzie and Tsawwassen First Nations in the Lower Mainland; the Lheidli T'enneh First Nation in North Central; Treaty 8 Territory on the lands of the Dane-zaa peoples in the North East and the Snaw-Naw-As First Nation on Vancouver Island. We at SOURCES are committed to learning about, celebrating and incorporating Indigenous knowledge in our work.





Working with communities in BC's Interior, Lower Mainland, Central & Northern Vancouver Island



MESSAGE FROM THE CHAIR

As I reflect on my tenure serving on the SOURCES Board, I feel immense gratitude for the opportunities and insights that the organization has afforded me. I have witnessed first-hand the resilience of those we strive to assist every day and the resolve and commitment of our community partners, staff and volunteers.

Over the last three years, homelessness in Canada increased by 32%, with poverty and substance use as the leading causes. Many were tested to their limits, including SOURCES services, but our staff navigated through such difficult times with unwavering perseverance. A few highlights include opening a new health and hygiene service that extended our laundry and shower facilities at Sources Women's Place to help women suffering from extreme poverty; our Peer Support Network created a free store that offered donated clothing and basic essentials; in Nanaimo, we launched a new program that connects sexual assault victims to counsellors; and our Behavioural Support Services expanded in communities in and around Terrace and Prince Rupert as part of the new Family Connections Centre.

I am most pleased with SOURCES being selected to lead the development and operation of Foundry South Surrey. This free walk-in centre will allow young persons aged 12–24 to access medical care, substance use support and mental health counselling all under one roof. This integrated youth services model will revolutionize how young people access health and social care in South Surrey.

I would like to welcome our incoming and new board members, Emily Kearns, Carleen Pauliuk, Ethan Martin and Nicolas Verrier. I extend my best wishes to Tom Davies as he retires from the board. I would also like to thank all our directors who lent their time and support throughout the year. I am grateful to serve alongside them and vow to remain a friend of SOURCES despite my term on the board coming to an end.

Lastly, my heartfelt appreciation extends to the leadership, staff members, volunteers and donors for their passion, determination and commitment to SOURCES as we strive together to champion social wellness in our communities.

Rupinder K. Khunkhun Chair

BOARD OF DIRECTORS



Rupinder Khunkhun Chair Lawyer



Randall
Heidt
Vice-Chair
CEO,
KPU Foundation



Jatinder Heer Treasurer Chartered Professional Accountant



Adrianna
Spyker
Secretary
Community Health
Specialist



Davies
Director
Retired Director, HR
& Labour Relations

Tom



Brooke Fernandes Director Lawyer



Ethan Martin Director Owner, Comfort Keepers



Carleen
Pauliuk
Director
VP, Western Canada,
Arthritis Society
Canada



Stewart Peddemors Director Real Estate



Nicolas Verrier Director Bank Manager



Felix
Zhang
Director
Financial Advisor



HOPE, PROGRESS

The end of this year will mark 44 years of social service for me. Over the course of my career in government and not-for-profit, I have had the privilege of witnessing positive changes that have enhanced the lives of vulnerable persons within our province and across the nation.

The civil rights movement in the latter half of the 20th century provided a foundation of progressive development in legal, social and government systems that is often taken for granted in today's world.

Legislation, jurisprudence, community activism and changes in social norms and values have paved the way to establish a more just and equitable society for our children to thrive.

I have seen child welfare legislation evolve to better serve children and families in our province. The community living movement worked with government to close large institutions and create places to live in community for adults with developmental disabilities. Family advocacy led to an improved range of supports for children with autism, which allowed them to grow within family and community.

The reliance on special needs preschools and daycares shifted as the early childhood development embraced inclusion by welcoming children with diverse needs into their programs. Simultaneously, changes to young offender legislation and programs reflected more effective approaches to facilitating promising futures for young people.

Equity, diversity and inclusion became an inspirational cornerstone to our work and, as such, changes to laws, policies, perspectives and social values afforded fairer access to opportunities for equity-deserving groups. Building upon the important work of women's rights groups, newcomer serving organizations, LGBTQ2S+ advocates and many others, we have taken important steps towards becoming a society that embraces and protects our unique backgrounds.

I am grateful to have experienced personal growth through our commitment to engage in Truth and Reconciliation. Under the guidance of Indigenous leaders, this is a journey that we have been able to share beyond this agency. This process will continue to transform our hearts, minds and work every day.

While stigma and prejudice remain a significant challenge, I have seen an important shift in attitude and service to individuals coping with mental illness and substance use disorders. The empathy displayed by those around us to people experiencing both hunger and homelessness is encouraging.

ROMTHE & CEO

AND PERSEVERANCE.

Hope, kindness, compassion and perseverance remain the hallmarks of our work together. These values make us better parents, neighbours and people.

I recognize that much remains to be done to achieve the social change we would like: a community where everyone has a home and food, and everyone feels safe, loved and secure. We must, as individuals and a society, persevere on this path.

I am incredibly thankful to have witnessed the remarkable growth in those I have connected with over the course of my time serving the public. I have also observed changes through the eyes, ears and heart of our extraordinary team at SOURCES. Yet there are moments when we must wait for the opportunity and openness for help from those that eludes the people we support. During these times, all we can do is offer our hope, patience and perseverance. We are on a journey of life that demands all these in equal measure. Be confident in knowing that together, we have these in abundance.

In good health,

David Young | President & CEO

A special note of thanks to all members of the SOURCES family—staff and volunteers, donors, funders and community partners. Together, we are the change we seek.

EXECUTIVE TEAM



David YoungPresident & CEO



Kelly Ridding
Chief Operating Officer



Tanbir SahotaChief Financial Officer



Howard Schein Executive Director



Minakshi Bagai Executive Director



Corina Carroll
Executive Director



George Passmore Executive Director



Christine Conlin Executive Director

LIVES WETOU

SOURCES OFFERS A HELPING HAND AT EVERY STAGE OF LIFE



ALL AGES

- Clinical Services
- · Dental Clinic
- Food Bank Langley
- Food Bank White Rock/ South Surrey
- Food Hub



CHILDHOOD

- Behaviour Support Services
- · Child & Family Services
- Child Development Services
- Dolly Parton's Imagination Library
- Fetal Alcohol Spectrum Disorder Keyworker
- · Infant Development Program
- · Mental Health Child & Youth



ADOLESCENCE

- DiscoverY (Counselling)
- Empowered for Employment
- Family Reunification
- · Homeless Prevention
- Mental Health Child & Youth
- Overdose Prevention Services
- · Substance Use Services
- Youth Justice Services
- Youth Services

CLIENTS SERVED BY LOCATION

1% OTHERS 2% NORTHERN BC 81% VANCOUVER ISLAND LOWER MAINLAND

LANGUAGES SPOKEN

ENGLISH
RUSSIAN VIETNAMESE
KOREAN FRENCH HINDI
CHINESE DIALECTS SPANISH
KURDISH TAGALOG
ARABIC UKRAINIAN
PUNJABI







ADULTHOOD

- Anti-Violence Services
- Crime Victim Assistance
- **Empowered** for **Employment**
- Family Advocacy
- Family Law
- **Family Services**

- Homeless Prevention
- Men's Counselling
- Overdose Prevention Services
- Police-Based Victim Services

- Rent Bank
- Services for Adults with Disabilities
- · Substance Use Services
- Trauma Counselling (Women)
- Women's Place

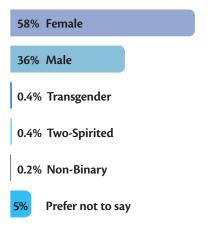
SENIOR

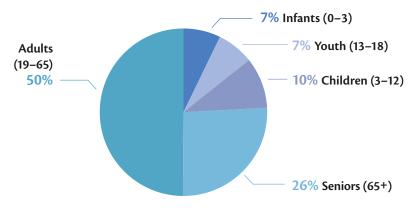
YEARS

- Advocacy
- Community Law Clinic
- **Homeless Prevention**
- Income Tax Clinic
- Rent Bank
- Shop-by-Phone
- Volunteer Wheels

HOW CLIENTS IDENTIFY

CLIENTS BY AGE





73,000+ INDIVIDUALS LAST YEAR



PROGRAM O

COMMUNITY SUPPORT PROGRAMS





ADULTS WITH DEVELOPMENTAL DISABILITIES OR AUTISM

Fully staffed homes

Specialized employment

Life skills training and community integration

Natural care environment

LAST YEAR'S IMPACT



75% participated in 150 minutes of physical activity weekly



88% felt empowered and enjoyed the new experience

95% said their ability to self advocate had increased



90% went out in the community daily

90% felt comfortable in the community

VOLUNTEER SUPPORT

Income tax filing

Rides to medical appointments

Shop-by-phone grocery deliveries for seniors

Dental clinic

LAST YEAR'S IMPACT



1,600+ tax returns completed



63 seniors with mobility challenges received weekly groceries

1,200+ grocery deliveries



3,200+
wellness
checks

rides to medical appointments



dentist appointments

75+

unique patients 140+ dental

volunteer hours

JTCOMES

HEALTH & WELLNESS PROGRAMS



Overdose prevention and substance use

Mental health

Trauma



LAST YEAR'S IMPACT



100% found boundary setting helpful

81% of clients felt better and happier about themselves

86% could cope with situations that led them to counselling

90% reported improvement in stability

95% reported having a more positive outlook on life



90% consistently practiced harm-reduction strategies **80%** were more aware of safe drug supply due to SOURCES services



80% found a community for care connection with Sources peer workers

90% obtained skills or reliable bonding, companionship and belonging



166 individuals accessed our employment and skills training programs

EMPLOYMENT SUPPORT

Individuals with interest in warehouse jobs

Women impacted by violence and/or abuse as an adult or child

Mature workers 55+ years

LAST YEAR'S IMPACT



99% of clients felt more prepared and confident to pursue employment goals

89% obtained employment and/or pursued further education/training

92% increased their knowledge and gained skills training and work experience to transition to employment

PROGRAMS FOR CHILDREN, YOUTH & FAMILIES

Behavioural support for persons with neuro-developmental needs Mental health support for youth Family preservation and unification

Women's services



LAST YEAR'S IMPACT



75% of parents said they were more confident of addressing crisis behaviours



86% of women felt empowered to make life changes

96% felt safe at Women's Place



63% of caregivers used unique communication to address behaviours



75% of youth better understood caregiver perspectives



86% of children improved functional skills

POVERTY RELIEF PROGRAMS



Self-advocacy for tenancy, debt, income assistance, provincial and federal benefits Housing and rent support

Food banks Pro bono legal aid



LAST YEAR'S IMPACT



5,300+ clients received two days of food every week 20,879 school lunches provided



95% of advocates provided clients with helpful assistance

92% reported info provided solved their issues effectively



98% of clients said their well-being had improved



93% were hopeful for their future

104 obtained housing

108 received rental support



"We have to be a responsible community—for our entire community—not just for us but also for our family or neighborhood. Everyone is important."

- Alice Kennedy
Volunteer

OVER THE PAST YEAR, SOURCES VOLUNTEERS HAVE DONATED OVER 26K+ HOURS TO OUR PROGRAMS, SERVICES AND COMMUNITY EVENTS.

It's because of our volunteers that we are able to do the work we do such as feeding the community through Women's Place, our food banks and mobile food banks.

When Alice Kennedy retired from her job as a teacher, she knew what to do with her time—donate it. She started volunteering at Langley Seniors Centre and a few other agencies before joining SOURCES' new food bank in Langley.

Alice has undertaken a variety of responsibilities over her 10 years with us. She reminisces fondly about her first task of setting up a system to receive infant and toddler supplies. Since then, Alice has worked in all areas of the food bank. "Over the years, I have seen a lot of people through that door. I am very grateful that we are here for them," she says. "But volunteering is for me, too. It keeps me healthy and involved in the community."

Alice believes in giving back to support anyone living in less-than-ideal conditions. "We have to be a responsible community —for our entire community—not just for us but also for our family or neighborhood. Everyone is important," she says. In particular, Alice appreciates that our food bank provides a variety of food choices. "This ability to make a choice is a sign of respect for anyone coming to us for support," she says. You can find Alice at Sources Langley Food Bank on Tuesday mornings and Thursday afternoons.

We are always in need of volunteers and value those who lend their time to help us support those who need it most. If you would like to learn more, please visit us at SourcesBC.ca/Volunteer-Opportunities.

"You give but little when you give of your possessions. It is when you give of yourself that you truly give."

- Kahlil Gibran, The Prophet

COMMUNITY CHAMPIONS

BC Community

BC Dental Association

BC Housing

BC Rent Bank

Block Family Foundation

Canadian Women's Foundation

City of Prince George

City of Surrey

City of White Rock

Community Action Initiative

Community Foundations of Canada

Community Living BC

Division of Family Practice

Elizabeth Fry Society

Employment and Social Development Canada

Federation of Community Social Services of BC

Food Banks British Columbia

Food Banks Canada

Fraser Health Authority

Fraser Valley Real Estate Board Foundation

James B Wallace Foundation

Law Foundation of BC

LU'MA Native BCH Housing Society

Metro Vancouver

Ministry of Advanced Education, Skills and Training

Ministry of Children and Family Development

Ministry of Public Safety and Solicitor General

Parksville Qualicum Community Foundation

Peace Arch Hospital Foundation

Prince George Community Foundation

Province of British Columbia

Raymond James Foundation

Regional District of Nanaimo

Rotary Club of Semiahmoo

Rotary Club of White Rock

School District No. 35

Shoppers Drug Mart

Soroptimist International of White Rock

SPARC BC

United Way of Northern BC

United Way of Prince George

United Way of the Lower Mainland

Vancouver Foundation

Victim Services & Crime Prevention Division

Victoria Foundation

...and the various donations and grants we received from individuals, businesses, service clubs, churches and community partners. We can promote **SOCIAL WELLNESS**, thanks to you.

FINANCIAL STATEMENTS

FY 2023-2024

STATEMENT OF OPERATIONS

REVENUE	
Donations	
- Designated Donations	976,422
- Foundation Disbursement	606,782
Grants	
- Law Foundation	662,069
- United Way	242,712
- Other	1,039,383
Earned Income	3,539,090
Federal Contracts	791,141
Gaming	245,978
Provincial Contracts	23,709,157
Regional Health Authority	1,219,968
BC Housing Subsidies	27,048
	33,059,750
EXPENSES	
Wages & Benefits	24,284,113
Occupancy	2,826,528
Interest	24,346
Program Operations	5,328,769
Recruitment & Staff Development	232,189
Public Relations	67,175
	32,763,120
Excess Before Other Items	296,630
OTHER ITEMS	
Unrealized Gain (Loss) on Securities	47,355
Gain (Loss) on Disposal of Capital Assets	3,000
Disbursement to Sources Foundation	(300,000)
	(249,645)

STATEMENT OF FINANCIAL POSITION

Excess of Revenue Over Expense

46,985

ASSETS	
Cash	3,750,873
Accounts Receivable	803,997
Marketable Securities	458,646
Prepaid Expenses and Deposits	152,948
Term Deposit	310,334
Capital Assets	8,016,130
	13,492,928
LIABILITIES	
Accounts Payable and Accruals	3,624,543
Deferred Contributions	2,283,743
Long-Term Debt	2,453
Replacement Reserve	40,089
	5,950,828
NET ASSETS	
Net Assets Invested in Capital Assets	7,552,801
Unrestricted .	(10,701)
Net Assets, End of Year	7,542,100
	13,492,928



See the full Audited Financial Statements on our website or

on our website or scan the QR code.



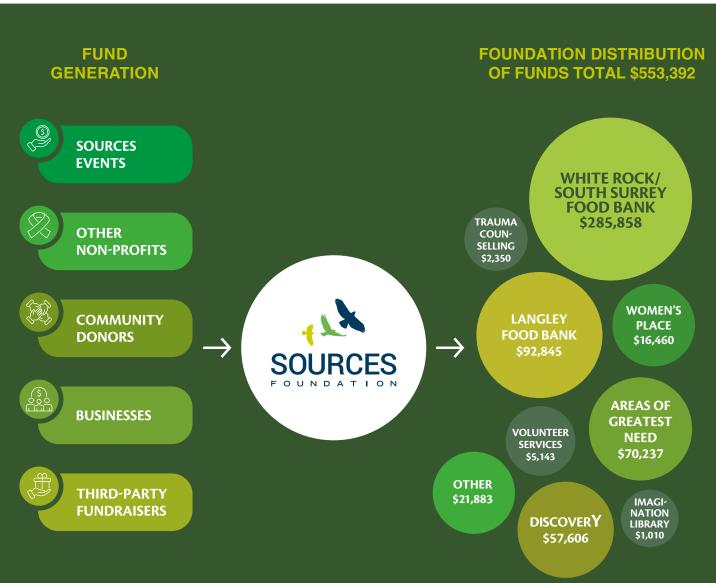


Annual Report 2023-2024

ABOUT SOURCES FOUNDATION

FOUNDED IN 1992, SOURCES FOUNDATION IS A NOT-FOR-PROFIT ORGANIZATION THAT WORKS WITH THE COMMUNITY TO RAISE FUNDS.

Our fundraising efforts, bequests and corporate and individual donations help us support the work Sources Community Resources Society does in the community through its various programs and services.





MESSAGE FROM THE CHAIR

Sources is an extraordinary organization—one that is deeply committed to the community and continuously evolving and innovating the way it offers support. During and following the pandemic, I witnessed the tremendous impact the organization has made through its numerous critical support programs, helping thousands of individuals find hope and rebuild their lives. I continue to be inspired by our dedicated staff who work tirelessly to achieve better outcomes for those in need.

I would like to express my gratitude for the generous support we have received from fundraising partners, sponsors and donors. In our 12th year of hosting South Surrey/White Rock's Coldest Night of the Year, we ranked number one among 190 locations across Canada for the highest amount raised. Thank you to over 570 walkers for helping us generate over \$270,000 for homelessness prevention, food security and mental health.

Every year, we host an annual signature event to shine a light on a critical need. Last year's fundraiser, Mystery on the Nile, raised over \$400,000 for adults with developmental disabilities, food banks and our youth counselling program, DiscoverY. We are thankful to our sponsors and donors for believing in our cause and helping us continue serving the vulnerable population. Without them, we would not be able to tend to the growing and complex needs of the community.

As I complete my service on the Sources Foundation board this year, I would like to thank my fellow directors for their commitment to the Foundation's success. I have thoroughly enjoyed working with such a wonderful team. I would like to acknowledge the efforts of Bruce Hayne and Chuck Keeling, who are retiring from the board after six years of service. I also wish to extend a warm welcome to our newest members, Linda Hensman and Stephen Dooley. I leave confidently knowing that the Foundation will be in excellent hands under the leadership of Marlyn Graziano.

Shelley Williams Chair

BOARD OF DIRECTORS



Shelley Williams Chair Corporate Director



Marlyn Graziano Vice-Chair Retired Media & Communications Executive



Michael Braun Treasurer CPA & Partner, DMCL



Chuck

Keeling Secretary EVP, Stakeholder Relations & Responsible Gaming, Great Canadian Entertainment



Grace Chiu Director Senior Manager, Regional Marketing, Scotiabank



Christopherson
Director
Health & Wellness
Executive

Curtis



Paul Cope Director Senior Vice President, Retail Operations, Save-On-Foods



Stephen Dooley Director Executive Director, Simon Fraser University, Surrey



Bruce Hayne Director Executive Director, Boating BC Association



Linda Hensman Director Retired Health Care Executive & University Professor

DRAISING HI











CHARITY FASHION SHOW

Presenting Sponsor



Ensure the sustainability of Sources Women's Place Provide critical women services (including trauma counselling, food and hygiene, self-advocacy, access to resources for housing and emergency preparedness) Address the increasing demand of Sources food banks

OUTCOMES

\$120K+ raised

24 sponsors

70+ silent auction items

LAST YEAR'S IMPACT



37% more women supported



250⁺ women received 1-to-1 trauma counselling



1,400+ received clothing (up 42%)



2,300+ meals served

1 Kitchen upgraded

3x/week hot lunches served to women (up from 2x)



Accommodate the increase in food bank users

Bridge the gap between higher rent and grocery prices Sustain our outreach efforts to those homeless, hungry and hurt



OUTCOMES

\$275K+ raised. Highest amount raised across 190 locations

570+
walkers

GHLIGHTS





SIGNATURE GALA

Presenting Sponsor



Scotiabank.



Improve housing for adults with developmental disabilities

Help young persons struggling with mental health challenges

Address the increasing demand of Sources food banks



OUTCOMES

\$400K+

220 guests

48 sponsors 80

auction donors



LAST YEAR'S IMPACT

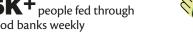


raised

5K⁺ people fed through food banks weekly

Actively seeking a new

home for residents





free

individual counselling sessions for youth



35TH ANNUAL **GOLF TOURNAMENT**

We wish to thank Semiahmoo Rotary for their continued support. Nearly \$100K was raised at this year's tournament.

LAST YEAR'S IMPACT



300+ individuals supported under Homeless Prevention grant \$17.5K

in direct financial support for living expenses

55⁺ individuals maintained or gained housing

125+ loans issued under Rent Bank program



400+ peer work opportunities

25+ skill-building and education opportunities

500 individuals trained in take-home naloxone



community outreach van purchased

40 outreach shifts

780+ naloxone kits distributed

270 offerings of supplies and resources

880+ harm reduction supplies provided



FINANCIAL STATEMENTS

STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS

REVENUE	
Donations - Charitable Donation	553,392
 Society Disbursement 	300,000
Fundraising	403,019
	1,256,411
EXPENSES	
Office	71,845
Fundraising Events	119,475
Professional Fees	4,000
	195,320
Excess Before Other Items	1,061,091
OTHER ITEMS	
Foundation Disbursement of Funds	(553,392)
Gain on Disposal of Securities	71,300
Grant Disbursements	_
Interest and Dividend Income	172,752
Unrealized Gain (Loss) on Securities	777,730
	468,390
Excess of Revenue Over Expense	1,529,481
Net Assets, Beginning of Year	5,402,262
Net Assets, End of Year	6,931,743

STATEMENT OF FINANCIAL POSITION

Cash	881,421
Accounts Receivable	199,878
Marketable Securities	
 Families & Children Fund 	654,572
 Poverty Relief Fund 	667,914
 Community Support Fund 	664,068
- Legacy Fund	4,024,734
Prepaid Expenses and Deposits	8,355
	7,100,942
LIABILITIES	
Accounts Payable and Accruals	3,505
Deferred Contributions	93,044
Deferred Revenue	72,650

NET ASSETS

Unrestricted	6,931,743
Net Assets, End of Year	6,931,743
	7.100.942



See the full Audited **Financial Statements** 169,199

on our website or scan the QR code.

THANK YOU **SPONSORS**



Co-Presenting



Scotiabank.

DIAMOND

DMCL, LLP

Hazelmere Golf & Tennis Club

It's On Electric

PLATINUM

Kwantlen Polytechnic University

ABC Customs Brokers Ltd. **B&B** Contracting Group Blue Pine Enterprises Ltd. **Comfort Keepers Elkay Developments** LiUNA Local 1611 MNP LLP

Prospera Credit Union

Tecnet

The Sommer Francis Financial Group

SILVER

Advance Lumber and Pallet Ltd. Ankenman Associates Architects Inc. Benefits by Design

Courtney Robichaud, iA Private Wealth

Easy Energy

Federation Association Benefit Plan

Grandview Law Group LLP

Hallmark Farms

Jas Salh, Sage Wealth Management/iA Private Wealth

Ocean PARC Schill Insurance Turnabout

West Coast Gardens

BRONZE

A&W Food Services of Canada Inc. Alexander Holburn Beaudin + Lang LLP

Amica White Rock

Amy Dewaele

Cloverdale Chamber of Commerce

Coldwell Banker Marquise Realty

Jandali Wealth Management

Lark Group

Murphy Wall Beds

Myddleton Real Estate Group

RE/MAX Colonial Pacific Realty

Retirement Concepts

The Bennett Family

Uptown Printers

Vancity

Westland Insurance

MEDIA

Peace Arch News Surrey Now Leader

...and all our other generous sponsors that have supported us through our other fundraising events.

WAYS TO GIVE

INDIVIDUAL GIVING

You can make a one-time cash or cheque gift or become a monthly donor. Choose to direct your donation to one of our funding streams or allow us to put it towards the greatest area of need.

You can also donate securities including stocks, bonds or mutual funds. Please consult your investment advisor to understand personal tax saving opportunities.

CORPORATE GIVING

Companies can choose to plan a campaign drive, start an employee incentive program, volunteer with us or donate services or goods.

Sources hosts and is involved in various fundraising events, campaigns and initiatives. You can show your support by becoming an event sponsor.

SCAN TO MAKE A DONATION NOW



Online SourcesFoundation.ca/Give

Phone 604 531 6226

Mail 202 – 15252 32 Avenue Surrey, BC V3Z 0R7

HOST A FUNDRAISER

Create your own third-party fundraiser including food drives, holiday events, concerts and more.

LEAVE A LEGACY

There are multiple ways to make a legacy gift. You can:

- · Include a bequest in your will
- Donate your Registered Retirement Savings Plans or Registered Retirement Income Funds
- · Make a gift of real estate
- Name Sources Foundation as the beneficiary in your life insurance

If you'd like more information on how you can support, please contact



Janet Welch
Manager, Philanthropy
& Communications

604 542 7593 JWelch@SourcesBC.ca

ROTARY SAVE-ON-FOODS GIFT CARD PROGRAM



Up to 22° of Rotary Save-On-Foods gift card

is donated to Sources Food Bank while you enjoy its full value.

At a time when food prices are so high, this unique program has **contributed** to our White Rock/South Surrey Food Bank.

We were able to offer individuals and families:



Fresh fruit, vegetables and milk



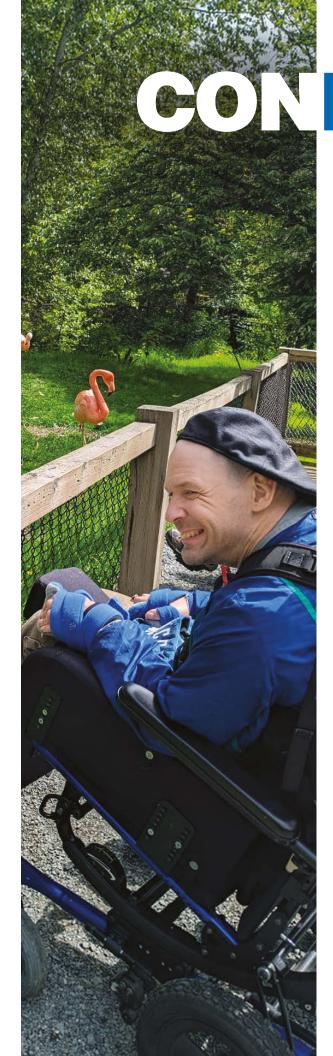
School-friendly snacks



Nutritional supplements for seniors



Baby food, formula and diapers



NECT WITH US

GENERAL INQUIRIES

604 531 6226 | Help@SourcesBC.ca

MEDIA INQUIRIES

604 542 7593 | Communications@SourcesBC.ca

JOIN OUR TEAM

Visit SourcesBC.ca/Careers to view our current opportunities.

VOLUNTEER WITH US

Visit SourcesBC.ca/Volunteer-Opportunities to learn more. 604 542 4357 | VolunteerServices@SourcesBC.ca

DONATE

Visit SourcesFoundation.ca/Give to give to your community. 604 542 7593 | JWelch@SourcesBC.ca

LET'S GET SOCIAL

Facebook: @SourcesCommunityResourceCentres

Twitter: @SourcesBC Instagram: @SourcesBC LinkedIn: @Sources

YouTube: @SourcesCommunity

Sign up for our **E-NEWSLETTER** at SourcesBC.ca



CHARITY REGISTRATION # 8887 28664 RR0001



CORPORATE MAILING ADDRESS





202 - 15252 32 Avenue OUNDATION Surrey, BC V3Z 0R7