

Social Wellness for Our Community

2022 – 2023 ANNUAL REPORT



SOURCES
FOUNDATION



About Sources Foundation

Sources Foundation works with the community to raise funds to support the work of Sources Community Resources Society.

Sources Foundation is a non-political, non-governmental, charitable institution and public foundation governed by a volunteer board of directors. Since 1992, fundraising efforts and bequests as well as corporate and individual donations have helped us to create a new food bank, provide counselling services to ensure the safety and mental well-being of young people and seniors, run a hot lunch program for vulnerable women, promote literacy for children aged zero to five and much more.

Sources Community Resources Society is an internationally accredited, community-based, not-for-profit agency that has served as a dependable source of hope, strength and resilience for individuals and families throughout the Lower Mainland, Northern BC and Vancouver Island since 1978.

The Foundation raises funds to support the Society's programs, which, in turn, support children, youth, families, persons with disabilities, seniors and others who are coping with isolation, addiction, poverty, disability and conflict. While some programs receive government funding for some initiatives, many programs are entirely community-funded.

Territorial Acknowledgement

SOURCES acknowledges that our work takes place on the unceded traditional and ancestral territories of Indigenous people. Our offices are specifically located on the lands of the Semiahmoo, Kwantlen, Katzie and Tsawwassen First Nations in the Lower Mainland; the Lheidli T'enneh First Nation in North Central, Treaty 8 Territory on the lands of the Dane-zaa peoples in the Northeast and the Snaw-Naw-As First Nation on Vancouver Island. We at SOURCES are committed to learning about, celebrating and incorporating Indigenous knowledge in our work.

Table of Contents

04 Board
of Directors

14 Rotary Save-On-Foods
Gift Card Program

05 Message from
the President

15 Financial
Statements

06 Message from
the CEO

16 The Journey of Hope:
A Success Story

07 Frozen – A Winter
Wonderland Fundraising Gala

17 Where Your
Money Goes

10 Coldest Night
of the Year

18 Ways
to Give

12 Semiahmoo Rotary
Golf Tournament

19 Leave
a Legacy

Board of Directors

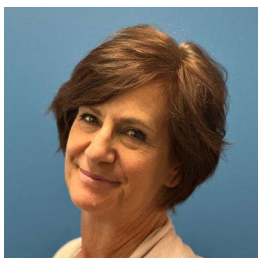
Sources Foundation Board of Directors is a leadership team that provides strategic guidance to our organization in an effort to raise funds to support Sources Community Resources Society's work. As our ambassadors, they help advocate our cause by cultivating relationships and raising awareness within our communities among key stakeholders, government, local businesses and the general public. We are committed to equity and diversity and are proud of our board members and the wide range of expertise they lend us.



Shelley Williams

President

Corporate Director



Marlyn Graziano

Vice President

Retired Media &
Communications Executive



Megan Knight

Treasurer

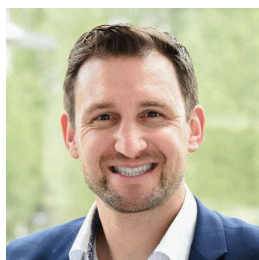
Notary Public
Mayor, City of White Rock



Bruce Hayne

Past President

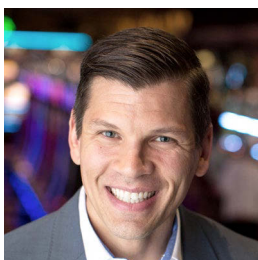
Executive Director
Boating BC Association



Bryan Sommer

Secretary

Senior Wealth Advisor,
Portfolio Manager



Chuck Keeling

Director

EVP, Stakeholder Relations &
Responsible Gaming
Great Canadian Gaming Corp.



Grace Chiu

Director

Senior Manager,
Regional Marketing
Scotiabank



Mike Braun

Director

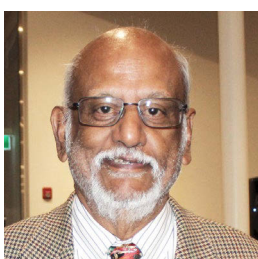
Partner
DMCL



Paul Cope

Director

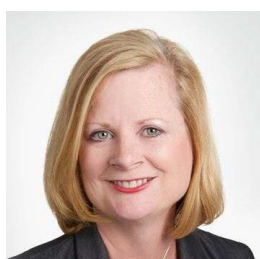
Senior Vice President,
Retail Operations
Save-On-Foods



**Srinivasan
Rajagopal (Raj)**

Director

Retired Water
Resources Specialist



Tracy Redies

Director

CEO
Science World

Message from the President



This past year, I had the privilege of succeeding Bruce Hayne as the President of the Sources Foundation Board. Bruce has been a big part of the Sources family, having served on both the Foundation and Sources Community Resources Society boards. I would like to thank him for his many years of strong leadership. Incredibly, I am already in my fifth year on the Foundation Board and could not be more proud to be a part of such an inspiring and impactful organization.

As it has been for so many other charitable organizations, the last few years have been a very challenging period for the Foundation. Throughout the COVID-19 pandemic, our dedicated staff, volunteers and board members worked diligently to find innovative ways to continue fundraising for critical SOURCES programs, particularly as community needs soared. Our amazing donors and partners generously supported our efforts and helped us navigate an unprecedented period of economic uncertainty and rising demand for services.

Now that the pandemic has ended, we are grateful to have returned to in-person events. It has been very exciting to be able to gather once again with our supporters, and we are heartened by the incredible community engagement at our events.

Our signature gala, Frozen – A Winter Wonderland, was our largest fundraising event of the year, raising over \$420,000

to address the growing demand for women's services. Thank you to all the sponsors, volunteers and participants who helped us exceed our fundraising goal and make the gala a success.

Our Coldest Night of the Year event in White Rock was once again one of the most successful fundraising walks in Canada. The event raised a record-breaking \$258,000, with over 450 walkers raising funds for Homelessness Prevention Services and the Sources Rent Bank.

The Rotary Save-On-Foods Gift Card Program continues to be an important source of funds for the Sources food banks. Over the last year, inflationary pressures have led to an increase of nearly 45% in food bank usage, with no signs of subsiding. Thanks to our many generous sponsors, 22% of the proceeds from every gift card goes directly to Sources food banks to help families in need.

In addition, the Foundation partnered with Semiahmoo Rotary Club for the sixth year for their annual golf tournament. The Foundation has been a significant beneficiary of the tournament, receiving 50% of the net proceeds that will be directed to Sources food banks.

I would like to thank my fellow board members for their many contributions to the Foundation's success; it is a pleasure to work with such a wonderful team. I would particularly like to recognize Tracy Redies, Bryan Sommer, Mayor Megan Knight and Srinivasan Rajagopal for their invaluable service, as they have recently retired from the Board. I am very pleased to welcome Mike Braun and Paul Cope as our newest board members. Both have been tremendous supporters of Sources for many years and are great additions to the Board. Most importantly, I would like to thank all of our staff, volunteers and donors for their incredible support and look forward to working together for another successful year.

A handwritten signature in black ink, reading 'Shelley Williams'. The signature is fluid and cursive, with a long horizontal flourish at the end.

Shelley Williams
President

Message from the CEO



Frankly, in a post-pandemic world, we were not sure what to expect with our events and fund development efforts this past year. I am thrilled to report that despite the stress and challenges of the previous couple of years, our community remains generous, thoughtful and considerate of those most vulnerable living in our community.

A record-breaking gala fundraiser last year provided much-needed funds for the expansion of our services at Women's Place. I am grateful for our invaluable relationship with presenting sponsors Save-On-Foods (thank you, Darrell and Paul) and Scotiabank (thank you, Grace and Steve) and all our sponsors, donors and guests. A special mention goes out to our host, Hazelmere Golf and Tennis Club, for their amazing support and service (thank you, Frank and team).

This incredible achievement was followed by a record-breaking Coldest Night of the Year walk (thank you, Marc and Bryan). This allowed us to expand our outreach services and purchase a community van to better serve the Peninsula. My gratitude to lead sponsors Elkay Developments (thank you, Leigh) and RBC (thank you, Stephen and Doreen) and supporting sponsor HomeLife Benchmark Realty (thank you, Rick and Cindy). Much gratitude to all our walkers, donors and sponsors. You have made this a very special annual community event.

Our partnership with Semiahmoo Rotary Club in their golf tournament also achieved a new record, with funds going to the increased demand on our food banks in Langley and South Surrey/White Rock (thank you, Stan and Greg). I am so grateful for the relationship we have with Semiahmoo Rotary Club and all the Rotary Clubs on the Peninsula.

We are truly blessed with a civic-minded and service-oriented community.

I wish to convey my thanks for the support and guidance of the Foundation Board of Directors: Shelley, Bryan, Marlyn, Rajagopal, Grace, Chuck, Megan and Bruce. I am also so pleased that both Paul and Mike joined the Board this year. A special note of appreciation to departing Board Members: Tracy (four years), Raj (six years), Megan (six years) and Bryan (eight years between Society and Foundation Boards). Tracy, Raj, Megan and Bryan are strong supporters of our walk and our gala. Bryan also provided additional leadership with the Imagination Library. We will miss them but know that they will remain members of the Sources family.

Our fund development team includes our Manager of Philanthropy, Janet Welch; Event Planners Abby Gemino and Yasmin de Joya-Pagal and our CFO, Tanbir Sahota. So much of our success is due to the key roles they perform on behalf of the Foundation.

And last, but by no means least, thank you to all our donors. I have had the privilege to meet some of you, but so many of you are not known to me. It is encouraging and a blessing to us all that you give your own financial resources to support the work we do in community. May you be blessed in return by manifold.

A handwritten signature in blue ink, which appears to read 'David Young'.

David Young
CEO



Co-Presenting Sponsors

Scotiabank.

saveonfoods

Frozen – A Winter Wonderland Fundraising Gala

\$420k+
Raised



230+
Guests



45
Sponsors



On November 5, 2022, over 230 guests took part in Sources Foundation's fundraising gala, Frozen – A Winter Wonderland. Co-presented by Scotiabank and Save-On-Foods, the starry night was packed with live music, frozen cocktails, winter fairies, specialty ice cream and even an ice luge! Although Sources Foundation delivered a chilling experience for guests, hearts were warmed that evening as the community came together to raise over \$420,000 for Sources, women's services.

The Reason We Gathered

During the pandemic, our women's services day program, Women's Place, was receiving more crisis calls than ever. We added counselling hours and hired more staff to meet the increased need, but we reached our maximum capacity and required help beyond our current resources.

The Outcome

The gala's proceeds allowed us to take action on the root cause behind those visiting our resource centre: domestic abuse and relationship conflicts. Funds raised from the event were directed to launching **a new Women's Anti-Violence Program: MENTor (Men Transforming Our Relationships) and MENDing**. The individual and group counselling sessions offered under this program focus on behaviours that damage a relationship, gender equality and communication. Our counsellors help men with anger management, expressing emotions, coping mechanisms and building positive relationships.



Funded
a New Women's
Anti-Violence
Program

“

She [the counsellor] helped me to notice how I'm reacting, whether it be due to trauma or anxiety, and understand what's happening.”

MENTor and MENDing client



Thank You!

\$420,000+

RAISED IN SUPPORT OF
WOMEN'S SERVICES



CO-PRESENTING SPONSORS

Scotiabank® **save on foods**

DIAMOND SPONSORS



Deanna
Kratzenberg

PLATINUM SPONSORS



GOLD SPONSORS



MEDIA SPONSORS

SILVER SPONSORS

Amica White Rock
Benefits By Design
Courtney Robichaud iA Private Wealth
Grandview Law Group LLP

Hallmark Farms
Oceana PARC
Schill Insurance Brokers Ltd.
Schmunk Gatt Smith & Associates

TJ Samra Real Estate
Turnabout
West Coast Gardens

Alexander Holburn Beaudin + Lang LLP
Amy Dewaele Real Estate
Ankenman Associates Architects Inc.
Bennett Family Trust
Custom Coast Mortgages - Rebecca Casey

BRONZE SPONSORS

Forte Workplace Law
GroupHEALTH Benefits Solutions
Mills
Myddleton Real Estate Group

RE/MAX Colonial Pacific Realty
Tate Financial
The Chris Shields Home Selling Team
Uptown Business Machines Inc.
Vancity - Morgan Creek & Semiahmoo

AUCTION DONORS

AG Hair
AIKA
Bard on the Beach Shakespeare Festival
BC Lions
Birdies & Buckets Golf Centre
Black Bond Books
Black Press Media
Cactus Club Cafe
Choices Market
Civic Hotel, Autograph Collection
Cuckoo Trattoria
Dead Frog Brewery

Earls
Everything Wine
Extreme Eatery
Fable
FlyOver Canada
Fraser Valley Cider Company
Gotham Steakhouse & Bar
Great Canadian Entertainment
Guildford Golf & Country Club
Hazelmere Golf & Tennis Club
Jas Salh
JRG - Glass House Estate Winery

JRG Liquor Stores
Karen J. Smith & Associates
Krause Berry Farms
Laura's Coffee Corner
Long Beach Lodge Resort
Morningstar Golf Club
Mount Washington Alpine Resort
Nanaimo Golf & Country Club
Nature's Fare Markets
Ocean Promenade Hotel
Ocean Village Resort
Ola Fit for Life

Pacific Coastal Airlines
Pheasant Glen Golf Course
Purdys Chocolatier
Quartz Mind Body + Skin Clinic
Rita Deraadt
River Rock Casino Resort
Roadhouse Grille
Salt Wellness Centre
Sammy J's Grill & Bar
Save-On-Foods
Schmunk Gatt Smith & Associates
Science World

Sea & Summit Bookshop
skoah
Soma MD
Spinhouse Cycling Studio
Spud.ca
Starbucks D3024 S. Surrey/Tsawwassen
Stephen Casson
Surrey Eagles
Taymor
The Keg
The Mason Jar
The Yoga Bar
Tigh-Na-Mara Seaside Resort

Trevor Kudryk, Remax Courtney
Vancouver Art Gallery
Vancouver Canadians Baseball
Vancouver Canucks
Vancouver Water Adventures
Vancouver Whitecaps FC
VIA Rail
Washington Avenue Grill
Westcoast Duty Free
White Rock Automotive
White Spot
Wooden Spoon
YoungPro Promotions



Coldest Night of the Year

Walking the Walk

\$258k+
Raised

450+
Walkers

\$175k+
Raised by Top 10
Teams in 2023



This year earmarks a decade of Sources Foundation's participation in the Coldest Night of the Year (CNOY) walkathon. CNOY is a national walkathon that raises funds to help the homeless, hungry and hurt. Proudly representing White Rock/South Surrey, 3,500 people have walked to date, raising over \$1 million to help vulnerable individuals living in our community.

This year, Sources Foundation focused on providing food, comfort, shelter and healing. With the support of our sponsors, donors and 450+ walkers, an unprecedented \$258,000 was raised. Sources Foundation Board Member Bryan Sommer and former SOURCES board member Marc Burchell co-chaired our first in-person event since the COVID-19 pandemic. The festivities included welcoming remarks by White Rock Mayor and Sources Foundation Board Member Megan Knight, warm-up by celebrity fitness instructor Tommy Europe and music entertainment by Billy White and the Rockettes. The touch of snow and cold temperatures that evening was enough to give our walkers a reminder of life for those suffering on the streets.

Top teams this year include the White Rock Baptist Church, Rotary Club of White Rock and the White Rock Pride Society, raising over \$60,000 collectively. We are also grateful for the generosity of our lead sponsors, RBC and Elkay Developments Ltd., and all the other sponsors, team captains and walkers, donors, volunteers and staff that took part in this fundraiser.



Funds raised from last year's Coldest Night of the Year contributed to...

\$1m+

Total Raised
over
10 Years



FOOD BANKS

4,800+
Individuals
Served

400+
Seniors
Received Nutrition
Supplements

20k+
School Lunches/Snacks
Provided for
Children



COUNSELLING

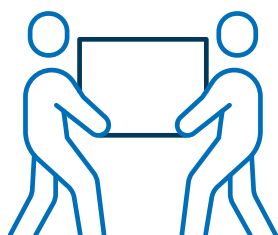
65+
Young People
Aged 13 – 25
Receiving Support

440+
Hours
of Counselling



When homeless, people are reluctant to leave their possessions unattended to seek help. With a van dedicated to Homeless Prevention, we will be able to go to people where they are."

Jay Blaschuk
Program Manager, Housing Support Services



HOUSING

140
Individuals
Gaining or
Maintaining Housing

\$80k+
Loaned under
Rent Bank
Program

18
Individuals
Receiving Financial Support
of \$1,200 under Homeless
Prevention Program

6
Individuals
Finding Housing

1
Van
Purchased



Semiahmoo Rotary Golf Tournament

\$100k
Raised

 **130+**
Golfers
Gathered



A Day of Golfing, Dining and Fundraising!

Over 130 golfers gathered at Morgan Creek Golf Course to tee off Semiahmoo Rotary Club's Charity Tournament. The event raised \$100,000 in support of Rotary's programs and Sources food banks.

Our Fight against Food Hunger

This year's tournament will help address the growing demand from people experiencing food insecurity. In FY 2022–23 alone, we recorded over 55% more registrants due to rising costs, and this number is expected to increase further. The event is helping us at a time when donations are low and our resources are stretched. We would like to thank everyone who supported our food banks including Semiahmoo Rotary Club for their generosity, the golf committee, sponsors, Morgan Creek Golf Course and the amazing golfers for scoring a hole in one for us!

We couldn't have achieved this feat without our presenting sponsors, Save-On-Foods and The Funke Group – Scotia Wealth Management. Other major sponsors include It's On Electric Company, Golf Town, Kwantlen Polytechnic University, Global BC, Murray Hyundai White Rock and White Rock Dodge.



We Can Now Purchase
19,083lbs
of Food



55%+
Increase in
Registrants



80%
of Registrants
Are Refugees and
New Immigrants

Feeding the Community

Our two food banks that support the White Rock/Surrey and Langley communities are members of Food Banks BC and Food Banks Canada.



In FY 2022–23, we recorded over 76,000 visits, an increase of nearly 45% since the previous year.



A lot of people who come to the food bank are working – they just can't make ends meet. It can be hard to pay for everything – after rent, gas and all other expenses, food can be the last on the list."

Jaye Murray
Program Manager, Sources Food Banks



Rotary Save-On-Foods Gift Card Program



For every \$100 gift card you spend,
we gain up to \$66
of purchasing power



When food costs increased by over 10% in 2022, many people were forced to make the difficult choice between "heat or eat." During this crucial time, the Rotary Save-On-Foods Gift Card program contributed \$70,000 to our White Rock/South Surrey Food Bank.

We were able to offer individuals and families:



Fresh fruit,
vegetables
and milk (not
mandated by Food
Banks Canada)



School-
friendly
snacks



Boost and other
nutritional
supplements for
seniors



Baby food,
formula and
diapers



Thanks to our food bank
friends, we have raised
over **\$514k** since 2016!

100%

of all proceeds are used to purchase
food for people in need.

Cards available for purchase at:

BELLE'S CAFÉ

C&K COURTESY CLEANERS LTD.

PEACE ARCH HOSPICE SOCIETY THRIFT STORE

VANCITY (Semiahmoo Branch)

THANK YOU TO OUR FOOD BANK FRIENDS

save on foods



The Funke Group

ScotiaMcLeod, a division of Scotia Capital Inc.

Scotia Wealth Management.



BLOCK
Foundation



Neil & Lisa
YARMOSHUK



Gift cards make great gifts and can be
used at any Save-On-Foods!

604-542-7592 • fundsforfood@sourcesbc.ca
[Sourcesbc.ca/fundsforfood/](https://sourcesbc.ca/fundsforfood/)

Financial Statements

Year Ending March 31, 2023

Despite the rise in inflation, we were able to keep our administration costs at **3%** so that more of your money goes towards supporting the community.

Revenue

Donations	
- Charitable Donations	470,811
- Society Disbursement	305,785
Fundraising	
	776,596

Expenses

Office	70,811
Fundraising Events	108,978
Professional Fees	3,500
	183,289
Excess Before Other Items	593,307

Other Items

Charitable Donations	(363,781)
Gain on Disposal of Securities	139,690
Grant Disbursements	(138,165)
Interest and Dividend Income	126,251
Unrealized Gain (Loss) on Securities	(367,786)
	(603,791)
Excess of Revenue Over Expense (Note 1)	(10,484)
Net Assets, Beginning of Year	5,412,746
Net Assets, End of Year	5,402,262

Assets

Cash	711,086
Accounts Receivable	1,006
Marketable Securities	
- Families & Children Fund	573,199
- Poverty Relief Fund	554,332
- Community Support Fund	578,860
- Legacy Fund	3,134,621
Prepaid Expenses and Deposits	-
	5,553,104

Liabilities

Accounts Payable and Accruals	17,798
Deferred Contributions	93,044
Deferred Revenue	40,000
	150,842

Net Assets

Unrestricted	5,402,262
Net Assets, End of Year	5,402,262



To see the full
Financial Statements,
[scan the QR code](#)
or visit our website.

The Journey of Hope: A Success Story



Escaping Family Violence Means Starting Over

Katharine* and her son Joshua* approached SOURCES for help. Joshua is an adult with a disability. Katharine and Joshua were escaping family violence and needed a place to stay. It was not an easy search as most transitional houses do not accept adult males. We were fortunate that they were able to secure a place for a few months while we assisted them in the search for affordable housing. Once permanent housing was found, we assisted with their move by obtaining a security deposit and moving supplement. We also arranged for a new bed to be provided by the Ministry of Social Development and Poverty Reduction for Joshua. SOURCES gifted a \$400 starter pack that included bedding and kitchenware as the family left their home abruptly without any possessions. Today, Katharine and Joshua remain housed and are working on rebuilding their lives.

*Names are aliases



**WE ARE STRONGER TOGETHER.
WHEN SOMEONE IS IN NEED,
WE QUICKLY MOBILIZE OUR TEAMS
TO CREATE SOLUTIONS THAT WORK.**

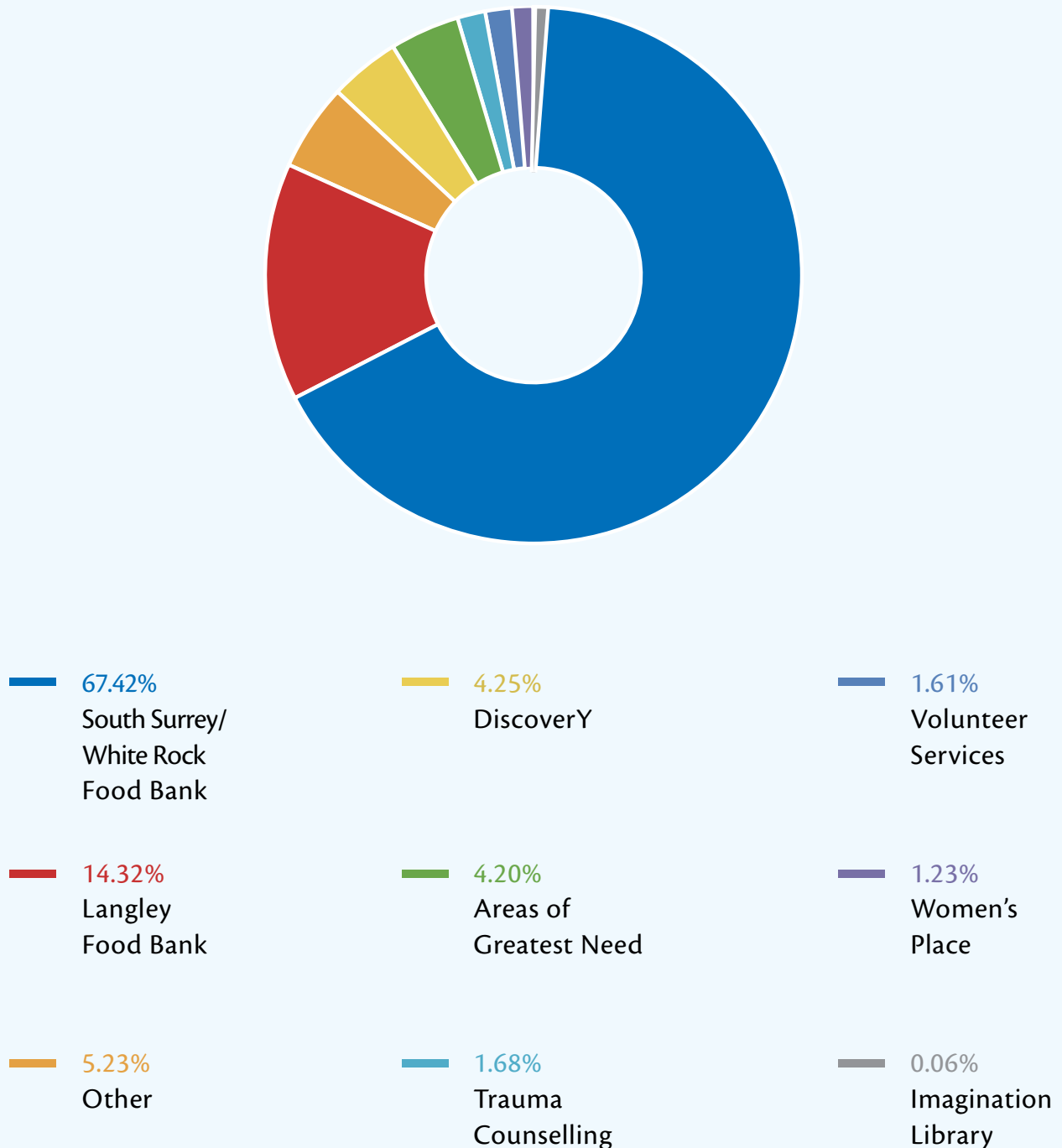


Contact us
to make a positive change.
604 531 6226 | Help@SourcesBC.ca



Where Your Money Goes

Donation Disbursements



Ways to Give

Your act of kindness can provide someone help, encouragement and hope. Make a difference by giving in a way that is meaningful to you. We welcome you to ask questions, suggest fundraising ideas and work with us to serve the community for the better.



Individual Giving

Make a one-time gift or make a sustainable gift as a monthly donor. Choose to direct your donation to one of our funding streams or let us put it towards the Area of Greatest Need.

Contact: Janet Welch

JWelch@SourcesBC.ca | 604 542 7593

Donate Securities

Donate securities, including stocks, bonds or mutual funds. We recommend talking with your investment advisor to understand the personal tax saving opportunities and how to maximize the financial impact to our charity.

Contact: Janet Welch

JWelch@SourcesBC.ca | 604 542 7593

Corporate Giving

Many companies care about the communities in which they operate and want to help the people in them to succeed and thrive. Some ideas to get your company involved are: plan a campaign drive, start an employee incentive program, volunteer with us or donate services or goods.

Contact: Janet Welch

JWelch@SourcesBC.ca | 604 542 7593

Sponsor an Event

We host and are involved in various fundraising events, campaigns and initiatives each year. Show your support by becoming a sponsor of a Sources Foundation event!

Contact: Abby Gemino

Events@SourcesBC.ca | 604 542 7599

Host a Fundraiser

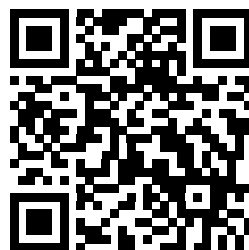
Take part in or start your own third-party fundraiser for the Sources Foundation. Schools, service clubs and other organizations have held food drives, holiday light displays, concerts and more ... the options are endless!

Contact: Janet Welch

JWelch@SourcesBC.ca | 604 542 7593



Scan to make a donation now



Online

SourcesFoundation.ca/Give

Phone

604 531 6226

Mail

202 – 15252 32 Avenue,
Surrey, BC V3Z 0R7

Leave a Legacy



When we sow seeds, we hope our plant will grow and continue its journey. We lean on family, friends and neighbours to help nurture it when we are not around.

You can contribute towards the future of social wellness for your community. When you decide to make a legacy gift, you not only extend the life of programs and services for those faced by adversity but also help develop supports that make sense for future generations.

You can maximize on your return. Depending on the legacy gift you choose to give, you can effectively reduce taxes on your final tax return, offset up to 100% of your net income, eliminate capital gains tax on appreciated securities, receive a tax credit and much more.



When you decide to make a legacy gift, you not only extend the life of programs and services for those faced by adversity but also help develop supports that make sense for future generations.”

There Are Multiple Ways to Make a Legacy Gift.



- Include a bequest in your will
- Donate your Registered Retirement Savings Plans or Registered Retirement Income Funds
- Make a gift of real estate
- Name Sources Foundation as the beneficiary of your life insurance

To learn how you can help your community with a future gift, please contact us.

Janet Welch

Manager, Philanthropy & Communications

JWelch@SourcesBC.ca

604 542 7593





Families & Children

Families and children are the foundation of an inclusive, resilient community. By funding legal aid, counselling, support groups and more, we can offer free resources to help make a difference in these lives.

Poverty Relief

Poverty drains individuals and society. By providing hunger relief, housing and income supports, we give hope back to our community's most vulnerable people and empower them to recover and thrive.

Community Support

A healthy community is a result of caring for each other. Our programs are geared to help those in need by opening doors to access medical care, combat social isolation and more.

**For corporate sponsorship and individual giving opportunities,
contact Janet Welch at JWelch@SourcesBC.ca or 604 542 7593**



SourcesFoundation.ca



202 – 15252 32 Avenue, Surrey BC V3Z 0R7



Charitable Registration Number: 8887 28664 RR0001

